



DECEMBER | 2019

Head Start Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 WG Cereal Fruit	3 W.G. French Toast Fruit	4 WG Blueberry Waffle Fruit	5 WG Bagel Yogurt Fruit	6 WG Toast Peanut Fruit
9 WG Cereal Fruit	10 WG Pancake Fruit	11 WG Maple Waffle Fruit	12 WG Bagel Yogurt Fruit	13 WG Toast Peanut Butter
16 WG Cereal Fruit	17 W.G. French Toast Fruit	18 WG Blueberry Waffle Fruit	19 WG Bagel Yogurt Fruit	20 Winter Break
23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break
30 Winter Break	31 Winter Break	1 Winter Break	2 Winter Break	3 Winter Break





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Head Start Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2 Chicken Quesadilla Apple Slices Mixed Vegetables	3 Meatball Sub Peach Cup Garden Salad	4 Chicken Nuggets W.G. Cracker Baby Carrots Applesauce Cup	5 Individual Pizza Veggie Sticks Pear	6 Texas Straw Hats Refried Beans Lettuce & Tomato Mixed Fruit Cup
9 Bosco Sticks Corn Apple	10 Chicken Sandwich French Fries Banana	11 Rotini & Meat Sauce Breadstick Garden Salad Peach Cup	12 Pizza Veggie Sticks Mandarin Oranges	13 Walking Taco Refried Beans Lettuce & Tomato Diced Pears
16 Cheeseburger Potato Smiles Mixed Fruit	17 French Toast Sticks Hash Brown Patty Sausage Patty Diced Pears	18 Macaroni & Cheese Peas Dinner Roll Fruit	19 Stuffed Crust Pizza Veggie Sticks Pineapple Tidbits	20 Winter Break
23 Winter Break	24 Winter Break	25 Winter Break	26 Winter Break	27 Winter Break
30 Winter Break	31 Winter Break	1	2	3

